

How to run a Practice Code Blue Drill during a DOE CPR class.

STEP ONE: Introduction/Overview of Official Code Blue Drill.

- ESI field reps visit each school building twice per school year for a Code Blue Drill
- Code blues are announced over your emergency response system usually a loud speaker.
- All class participants should respond when they hear the announcement.
 - Who will cover your classroom if needed?
- If an AED is in route, take the AED to the scene.
- Perform Code Blue Drill with Field Rep.
- Receive feedback and ask questions of Field Rep.
- Sign the Field Rep's paperwork/tablet.

STEP TWO: Framing the exercise.

Ask participants why we practice code blue drills twice a year and today.

- To save a life
- In an emergency, we don't rise to the level of our expectations. We fall to the level of our training.

STEP THREE: Provide the "CPR Hero" with a job.

- Ask if anyone has participated in Code Blue Drills in their schools before.
- Hand the evaluation sheet to someone who raised their hand.

STEP FOUR: Roles and Responsibilities

- Hand out laminated cards to participants.
- Any participant without a laminated card will serve as bystanders/observers of the practice code blue drill.

STEP FIVE: Owning their role

Below are the roles in their order of arrival on the scene. Have each participant read their role/responsibilities out loud **IN THE ORDER BELOW**. It may also be helpful to ask them to line up in this order so everyone knows the order of arrival on the scene.

- First Person on the Scene
- Office Staff
- CPR Provider #1
- AED Operator
- CPR Provider #2
- Crowd Control
- EMS Guide
- Trained Responder

STEP SIX: Scenario

Ask a bystander to read the scenario below:

You are all heading to a meeting in Room X. For this practice, this is Room X. You will arrive on the scene in the order on the flashcards. First Person on the scene arrives for the meeting first and sees Prestan on the ground. Please begin.

STEP SEVEN: Practice DOE Code Blue Drill

- Instructor hands the AED Operator a training unit when they return with a real AED.
- Instructor ensures that all roles are fulfilled.
- Instructor ends Practice DOE Code Blue Drill after Trained Responder arrives and announces they can take over if needed.

STEP EIGHT: Feedback/Debrief

- Ask the evaluator to provide feedback
- Ask the bystanders to provide feedback.
- Provide feedback : Include how long it took for compressions to start and for the AED to arrive on scene.
 - Remind the participants that they will not be given roles/structure for actual code blue drill.
 - How do responders know what role they have in an actual emergency? Depends on when they arrive.
 - Highlight the role of the First Person on the Scene. There are more untrained CPR staff in a building than trained CPR staff. Does everyone know how to activate a code blue in the school building?
- End your feedback by with a summary of the positive steps done by the participants.

STEP NINE: Review AED

- If AED is beeping, something is wrong. Call ESI 212-564-6833 and show where business card is.
- If an emergency takes place at your school, call ESI 212-564-6833.

STEP TEN: Paperwork

- Collect evaluation sheet from evaluator.
- Please fill out the information on the top and bottom of the sheet. This sheet goes in behind the skills tests in the clear plastic envelope.